

Neomounts®

All you need to know about



Desk mounts

1 What is a monitor mount?

A monitor mount is a flexible ergonomic solution to support your screen. Basic monitor mounts offer a stationary, locked position while other mounts are more flexible in movement with height/depth adjustment and tilt, swivel and/or rotate option. The correct mount allows you to move and adjust the height, angle or position of your monitor; improving your comfort and seating position. Monitor mounts are especially important for anyone using a standing or walking desk because of the dynamic height and stability requirements for those applications. Full motion gas spring mounts offer the ideal solution for these kind of desks.

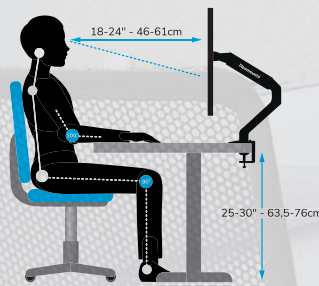


2 Are desk mounts universal?

When choosing a desk mount, the main factors to consider are the VESA size (the hole pattern on the back of the monitor), weight capacity and size of the screen. The Neomounts online screen fitter tool makes selection of the most suitable options quick and easy!

3 Why are monitor mounts important?

The correct mounting solution is pivotal to providing a healthy working position and to promote correct posture, whilst using your screen. Incorrect positioning can cause poor posture leading to neck and back pain, amongst other complaints.



Ergonomic position

- 1 Sit back as far as you can in your seat with flat feet on the ground
- 2 Position your back against the backrest
- 3 Keep your head straight
- 4 Top of the screen must be a little under eye level
- 5 Elbows and knees in 90° position
- 6 Keep the wrists in a neutral position

4 What are the benefits of using a mounting solution?

A monitor mount placed at the appropriate height, distance and angle can help prevent possible health complaints, such as excessive fatigue, eye strain and neck/back pain. Additionally, a mounting solution contributes to increased work efficiency with a comfortable workspace, improvement of posture and enhanced focus.



5 What is the difference between a clamp and grommet mount?

A clamp mount is simply clamped to the desk, while a grommet mount uses a pre-drilled hole and inserted through the desk.

6 How do you mount a monitor to a desk?

There are three main options to mount your monitor to a tabletop; 1) using a clamp fixing, 2) a grommet through the desk or 3) simply using a freestanding desk mount with stand. Various Neomounts models feature a nifty top-fix clamp/grommet, for an easy installation. All Neomounts solutions come with simple installation guides, to ensure a quick and easy installation.

7 Can a desk mount be adjusted to my desk depth?

The depth requirement for a desk mount depends on the desk. Neomounts has a vast selection of options and are all easily adjusted for the relevant desk size. Each mount has its own maximum depth allowance.



8 What is a VESA size and how do I know mine?

VESA stands for 'Video Electronics Standards Association' and is a universal size used by monitor and display manufacturers. The type of mount you can use depends, amongst other variables, on the VESA size of your screen. The VESA size indicates the position of the four mounting holes on the back of your screen. VESA specifications are typically displayed in mm and are read in order of the horizontal measurement followed by the vertical measurement. For example, if the distance between your screen's mounting holes measure 400 mm across by 200 mm high, your VESA size will be shown as 400x200 mm.



9 Why do the product specifications also mention a maximum screen size?

The inch size stated for single screen mounting solutions are just an indication, combined with the weight and VESA sizes. Only the maximum weight and VESA size are absolute restrictions for the products and should not be exceeded. For multiple screen solutions, the maximum inch size is a true maximum, because of the limited space available to place various screens next to each other.

10 Are all desk mounts the same?

For all mounts, the key objective is to provide a healthy and comfortable working position. However, there are various options available depending on your workspace. For example, features may include a tilt, swivel and rotate option along with the key height adjustment element or the 180° lock feature for placement close to a wall or separation panel.

11 What is the difference between a manual and gas adjustment mount?

A manual desk mount is adjusted simply by using an allen key, which is included within the packaging and can be easily stored as part of the mount for future easy installs. A gas spring mount allows easy, one hand adjustment to allow full flexibility of the mount and best seating position. A gas spring mount is also a great solution for hybrid offices and/or flex workspaces.



12 I have three screens; is it possible to mount them all?

Neomounts offers various solutions for multi-screen placement, currently up to 6 screens! The screen fitter tool on the Neomounts website can be a great help to find the best solution for you and your screen(s).

13 Which mounts can be used with a cable tray?

The type of mount that can be used depends on the type of cable tray. Many cable trays are situated right below the table top, regularly with just a few centimeter in between. A standard desk clamp often doesn't fit in this kind of situation, because they take up more than 1-3 cm. Neomounts topfix clamps generally offer the ideal solution, due to the height of the clamp base; just 1 cm. The topfix clamps not only take up little space, they are also very easy to install from the top of the table top, without having to fix anything underneath the desk.



14 Are desk mounts compatible with sit-stand desk adapters?

Yes, desk mounts can be used in combination with sit-stand workstations. Check out Neomounts range of sit-stand solutions and corresponding mounting solutions.

15 Will my tabletop be compatible?

Most monitor arms will attach to your tabletop with a clamp or a grommet hole adapter. Always make sure that the thickness of your desk and/or grommet hole diameter will be compatible with the monitor arm you choose.

Information & support



Neomounts offers the most comprehensive, up-to-date assortment of high-quality mounting solutions, according to the latest trends in the AV and IT market.

The products in the assortment of Neomounts are designed with an eye for detail, quality, value for money and ease of installation. Our mission is that you always experience the best viewing and working position, resulting in optimal posture and maximum comfort whilst using your screen.

With over 25 years of experience, Neomounts offers the best mounting solutions for you and your customers. The products are available worldwide through an extensive network of distributors and resellers in the Office, IT and AV channels.

We offer the best support for your business with:

- > Local sales support
- > Special bid price support for large projects
- > Demo units
- > Fast delivery
- > 5 year standard warranty
- > 10 year warranty NEXT | One

We rise by lifting others

Questions? Don't hesitate to contact us on telephone number +31(0)23-5478888 or email sales@neomounts.com.

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